



# Junior Lifeguard Newsletter

Session 1 - Week 3, 2024

Tomorrow is the last day of JG's! What an adventure the last three weeks have been. We enjoyed spending time with your great kids and hope they had fun learning about ocean safety, playing at the beach, surfing, and creating summertime memories with their friends. We look forward to seeing them again next summer!



Highlights of the week include pier jumps on Tuesday, West Reef paddle, surfing, rides on the 8-person Raptor Board, obstacle course competitions, bodyboarding, and games of Jail Break and Capture the Flag.

The Lieutenants, Captains, and Cadets had fun on their field trip Wednesday aboard Captain Dave's Dolphin Safari. They saw lots of bottlenose and common dolphins and enjoyed a pizza party at Baby Beach.



JG instructors covered many important topics with their classes this week:

- First Aid: Heat/Cold Illnesses
- Communications: Phones and Radios
- History of Lifeguarding Laws and Ordinances
- Lifeguard Jet Ski Operations

We conclude Session 1 with a potluck and awards ceremony on Friday. Your JG is free to bring snacks or drinks to share with their class (approx. 20 kids). Parents are invited to join us at the end of class for the awards ceremony. Photos and certificates will be distributed.

**AM Session Awards Ceremony: 11:00am**

**PM Session Awards Ceremony: 3:00pm**

