



PRESS RELEASE

CITY OF SAN CLEMENTE

OFFICE OF THE CITY MANAGER
CECILIA GALLARDO-DALY, ACTING CITY MANAGER

Contact:
Beaches, Parks, and Recreation Department
(949)361-8264 | recreation@san-clemente.org

FOR IMMEDIATE RELEASE
10/12/2022

1ST ANNUAL MONSTER DASH 5K & CREEPY CRAWL FUN RUN COMES TO SAN CLEMENTE!

10/12/2022...San Clemente, California...On October 29, 2022, the City of San Clemente will host the 1st Annual Monster Dash 5k and Creepy Crawl Fun Run from 7 – 11 a.m. *It's bound to be a San Clemente smash!* With tricks and treats for all ages, all runners, joggers, walkers, zombies, skeletons, and crawlers are invited to come dressed in their best Halloween costumes and meet at the starting line located at the San Clemente Community Center.

Race features include chip timing, a Monster Dash race shirt, computerized finish line results, and awards for race winners and best costumes (costumes must be family-appropriate).

Registration

Register online at www.san-clemente.org/events. Early Bird Registration is available until 10/27/22 with early packet pick up available 10/25/22-10/27/22 at the Community Center.

Race Route

Beginning at the Community Center, the race will continue towards Linda Lane Park, onto the Beach Trail headed north, connect to El Camino Real, and onto Avenida Del Mar towards the Finish Line at the Community Center.

The Creepy Crawl Fun Run for all ages will run a half mile up and down Avenida Del Mar. Traffic will be impacted along the race route from 7 – 11 a.m.

Event Timeline:

- 6:00am - Trolley services from the San Clemente High School available
- 6:30am - Check-in begins for participants
- 7:00am - Coffee and refreshments available to participants
- 7:30am - Monster Dash 5k begins from the San Clemente Community Center
- 8:00am - Pancake Breakfast begins with live music by the “RetroFits”
- 9:00am - Creepy Crawl Fun Run begins
- 9:30am - Costume contest and race winners announced

The City would like to thank its sponsors for their contributions to this event: Friends of San Clemente Beaches, Parks & Recreation Foundation; Zebra Coffeehouse; Sprouts Farmers Market; and Fisherman’s Restaurant.

For more information please contact the Recreation Division at recreation@san-clemente.org or (949) 361-8264.

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CITY OF SAN CLEMENTE



• ROUTES
• TIMES
• VOLUNTEER SIGN UP
• REGISTRATION



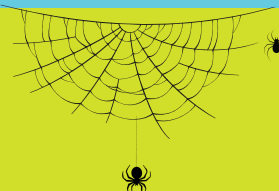
OCTOBER 29, 2022

5k @ 7:30 a.m. 🦴 Creepy Crawl Fun Run @ 9 a.m.

San Clemente Community Center

5k: \$25* / \$31 ☠️ Creepy Crawl Fun Run: \$13* / \$18

THANK YOU TO OUR SPONSORS:



- Costumes Encouraged
- Lawn Games
- Pancake Breakfast
- Live Music
- Costume Contest



Friends of San Clemente
Beaches, Parks & Recreation Foundation

ZEBRA HOUSE



EARLY BIRD PRICES AVAILABLE UNTIL 10/27

CITY OF SAN CLEMENTE BEACHES, PARKS, AND RECREATION DEPARTMENT
Register: san-clemente.org/events | (949)361-8264