

Junior Lifeguard Newsletter

Session 3 - Week 3, 2022

It's hard to believe that tomorrow is the last day of JG's! What an adventure the last three weeks have been. We enjoyed spending time with your great kids and hope they had fun learning about ocean safety, playing at the beach, and creating summertime memories with their friends. We look forward to seeing them again next summer!

Highlights of the week include a train safety presentation from Operation Lifesaver and a field trip for the Lieutenants, Captains, and Cadets aboard Captain Dave's Dolphin Safari.

We'll conclude Session 3 with a potluck and awards ceremony on Friday. Your JG is free to bring snacks or drinks to share with their class (approx. 20 kids). Parents are invited to join us at the end of class for the awards ceremony. Pictures will be distributed at this time.

> AM Session: 11:15am PM Session: 3:15pm

Important lessons covered this week include:

First Aid: CPR

First Aid: Heat/Cold Illnesses

Communications: Phones and Radios



- History of Lifeguarding
- Laws and Ordinances
- Oceanography

Thank you JG families for an awesome three weeks!





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San Clemente Lifeguard and Junior Guard Foundation

Making the San Clemente beach community a better place for all.

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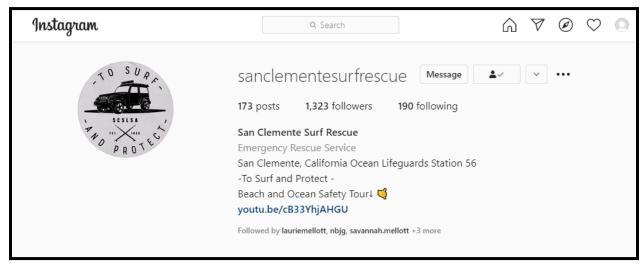
About Us



The San Clemente Lifeguard & Junior Guard Foundation (<u>SCLJG</u>) MISSION -

Dedicated to enhancing the safety and well-being of visitors to the beach through education, developing and building community partnerships, and obtaining resources to directly support the San Clemente Marine Safety Division's Lifeguard and Junior Lifeguard programs. The Foundation also supports preservation of the history and memorabilia of San Clemente Lifeguarding.

Click here to become a SCLJG Foundation Member.



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