

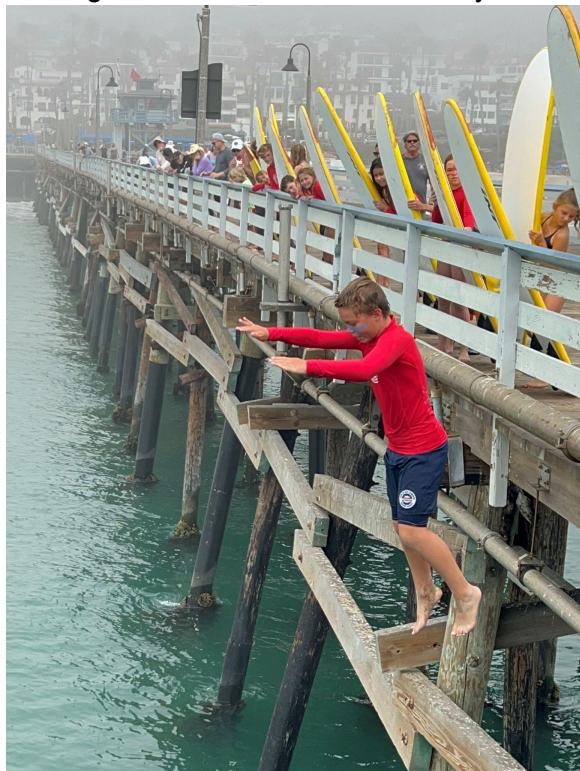


# Junior Lifeguard Newsletter

Session 2 – Week 2, 2022

The second week of Junior Guards has been a blast! Our JG's came back from the 4th of July weekend energized and ready to play!

JG I classes and above launched into the week with a Tuesday pier jump. For the rest of the week, the JG's split time between surfing, bodyboarding, Capture the Flag, volleyball, beach flags, sand castle building contests, and surfboard relay races.



Topics covered in class include:

- First Aid: lacerations and bleeding
- Oceanography: tides and marine life
- CPR
- How to treat a C-Spine injury
- Responding from the tower to prevents, rescues, and ordinances
- Tower 0 operations

Tomorrow, the JG's will attend a cool presentation by the Cal State University Long Beach Shark Lab. The JG's will learn about shark anatomy and diet, how sharks are tagged, and how drones are utilized to study shark behavior along our coast.

Next week is the final week of Session II. On Friday, the JG classes will participate in a potluck. Feel free to send a snack with your JG to share with others. Awards and photos will be handed out in front of Lifeguard Headquarters at the end of class. Parents are welcome to attend!



**\*\*Next Pier Jump – Monday, July 11th\*\***

## **AM Program**

**9:15am**

**Mansoor's JG II/III and Herbert's JG I Classes**

**10:45am**

**Coco's and Stacy's JG I Classes**

## **PM Program**

**1:15pm**

**Mansoor's and Herbert's JG II/III Classes**

**2:15pm**

**Sherreitt's JG I Class**

**3:15pm**

**Moore's and Stacy's JG I Classes**

## **SAN CLEMENTE JUNIOR LIFEGUARD PROGRAM**

Junior Lifeguard Coordinator: *Jaden Blanc-Hall*  
Office Specialist: *Sandy Larson*

Report Absences: [MarineSafety@San-Clemente.org](mailto:MarineSafety@San-Clemente.org)  
JG Phone: 949.361.8261

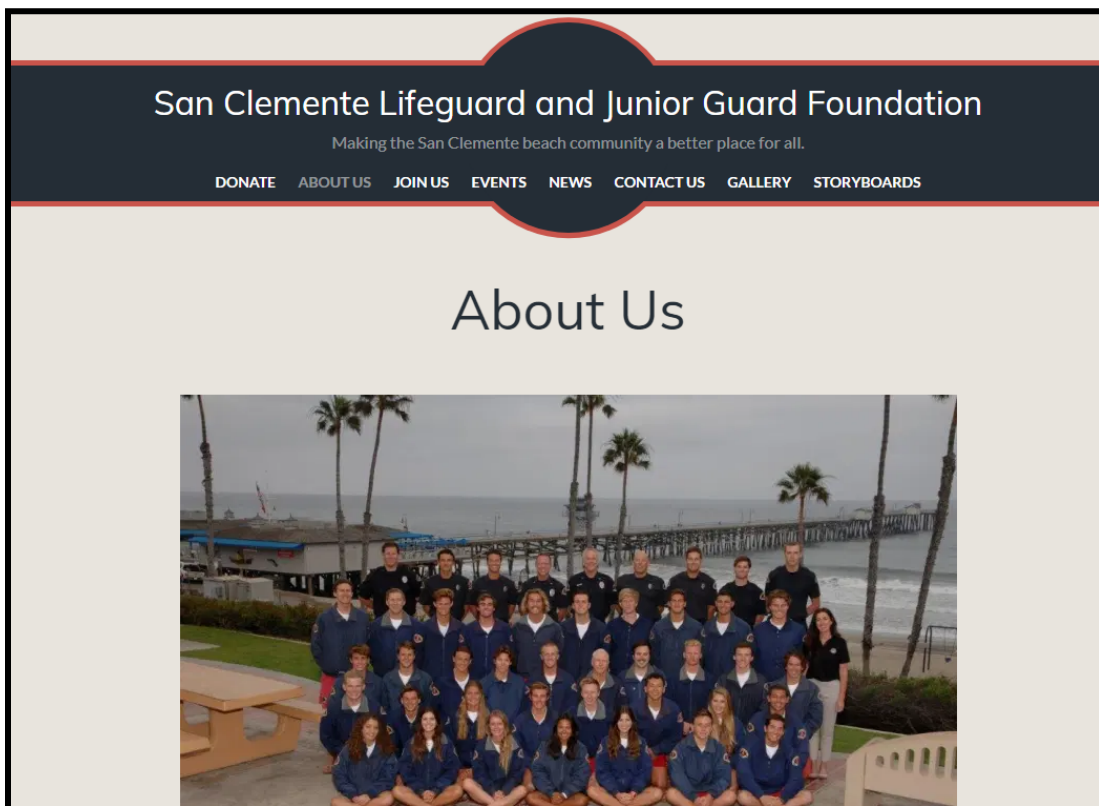


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## \*Up Next Week\*

- Tues. 7/12: Railroad Safety Presentation
- Tues. 7/12: Lieut./Captain/Cadet Field Trip with Captain Dave's Dolphin Safari
- Fri. 7/15: Awards Ceremony at Lifeguard Headquarters  
AM group: 11:15am PM group: 3:15pm
- Sat. 7/16: San Clemente Ocean Festival Junior Lifeguard Competition



## The San Clemente Lifeguard & Junior Guard Foundation ([SCLJG](#))

### MISSION -

Dedicated to enhancing the safety and well-being of visitors to the beach through education, developing and building community partnerships, and obtaining resources to directly support the San Clemente Marine Safety Division's Lifeguard and Junior Lifeguard programs. The Foundation also supports preservation of the history and memorabilia of San Clemente Lifeguarding.

Click [here](#) to become a *SCLJG Foundation Member*.

### [SAN CLEMENTE JUNIOR LIFEGUARD PROGRAM](#)

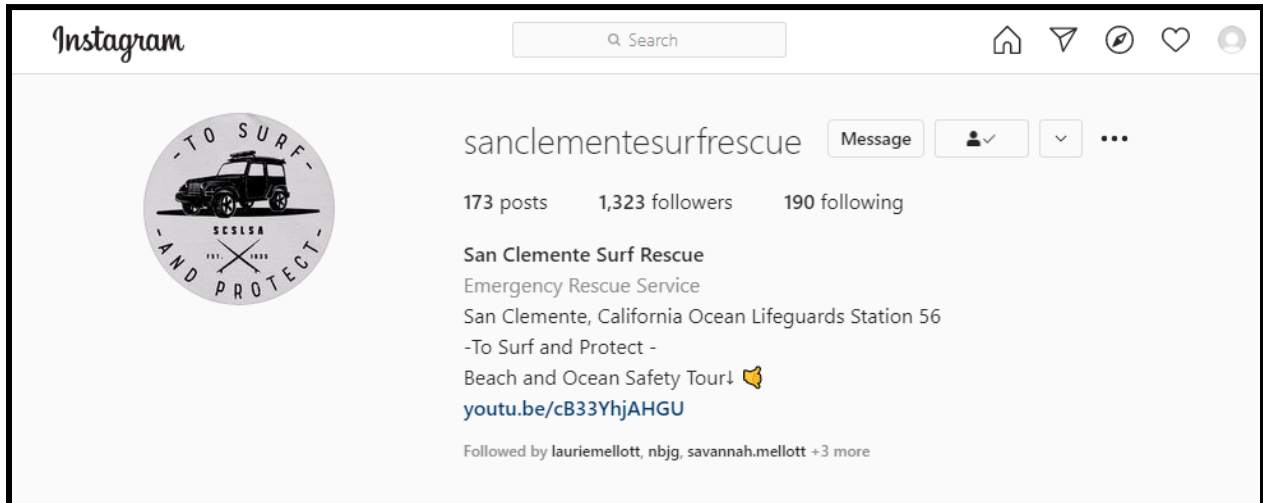
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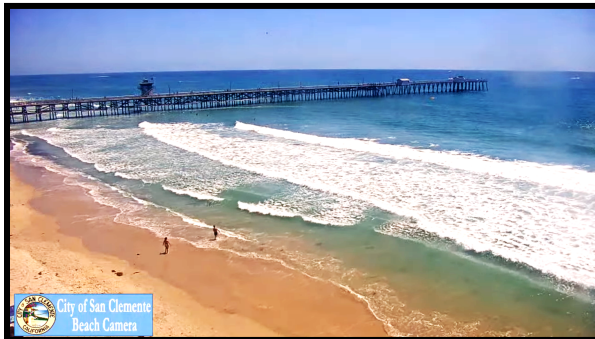


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[Follow our Lifeguard Association on Instagram - Sanclementesurfrescue](#)



[San Clemente Beach Camera](#)

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