



Junior Lifeguard Newsletter

Session 2 – Week 1, 2022

Session II is off to a fun and action-packed start! We're so happy to see everyone enjoying the sunshine and warm water, and look forward to all the super cool events and activities in the weeks ahead!

Jaden Blanc-Hall, our JG Coordinator, welcomed the JG's on Monday and introduced them to our fantastic team of JG Instructors. Next, we had tryouts for the Lieutenant, Captain, and Cadet Program. Congratulations to the 34 JG's who completed the pier swim, mile run, and pier jump to join the program!



With water temperatures approaching 70 degrees, the Junior Guards spent lots of time this week bodyboarding and surfing. On dryland, Lifeguard Instructors covered important information with JG's, including:

- Junior Lifeguard Code of Conduct
- Lifeguard operations
- Rip currents
- Surfing and bodyboarding form & etiquette
- Safe water entry
- Basic First Aid
- Preventing spinal cord injuries
- Lifeguard rescues and pier rescues

We had Picture Day on Wednesday and a special "Block the Blaze" presentation by the John Wayne Cancer Foundation on Thursday. Each Junior Guard received a hat, sunscreen, and informative booklet to share with their families.



****Pier Jump Schedule for Next Week**** **Tuesday, July 5th**

AM Program

9:15am

Mansoor's JG II/III and Herbert's JG I Classes

10:45am

Coco's and Stacy's JG I Classes

PM Program

1:15pm

Mansoor's and Herbert's JG II/III Classes

2:15pm

Sherreitt's JG I Class

3:15pm

Moore's and Stacy's JG I Classes

SAN CLEMENTE JUNIOR LIFEGUARD PROGRAM

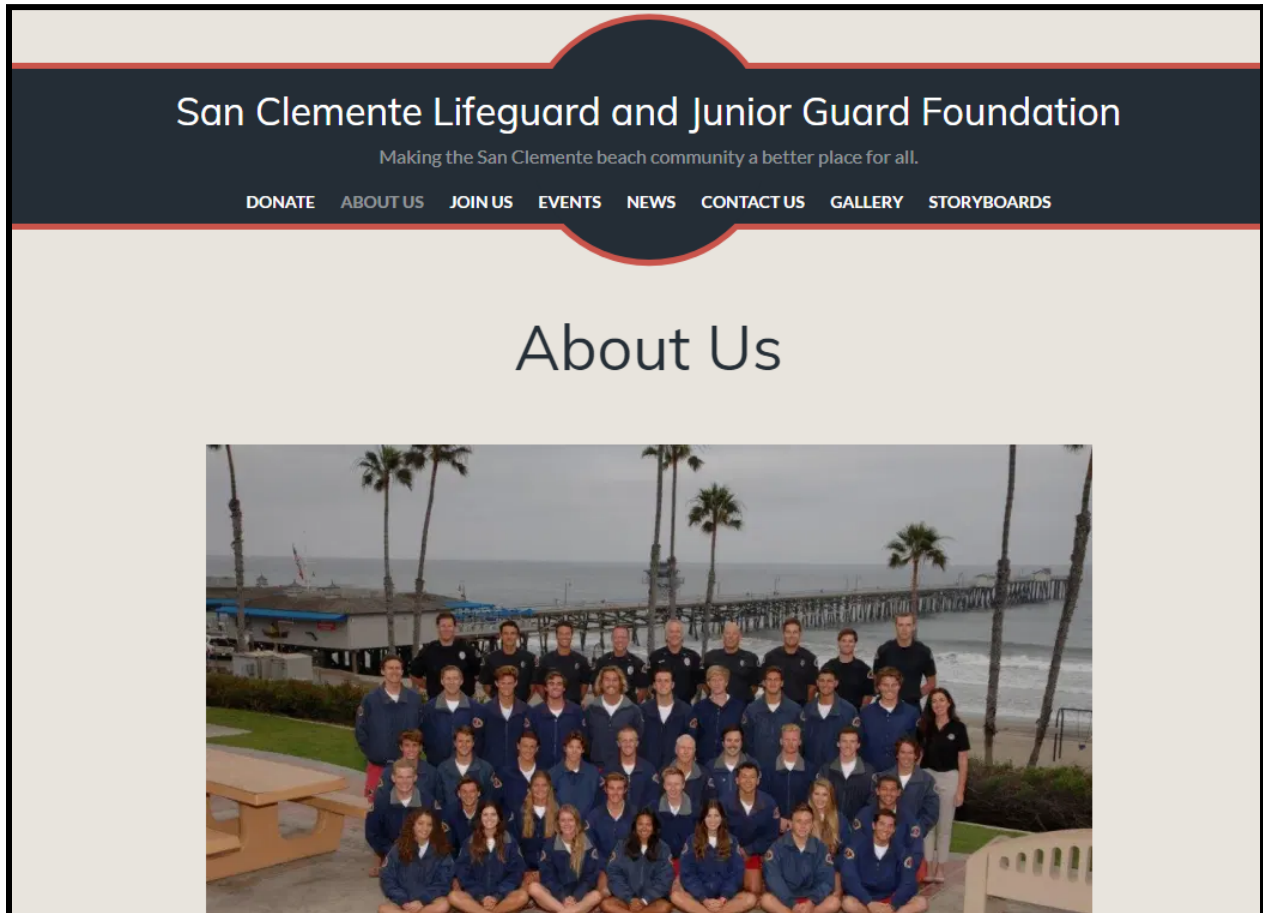
Junior Lifeguard Coordinator: *Jaden Blanc-Hall*
Office Specialist: *Sandy Larson*

Report Absences: MarineSafety@San-Clemente.org
JG Phone: 949.361.8261



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The San Clemente Lifeguard & Junior Guard Foundation ([SCLJG](#))

MISSION -

Dedicated to enhancing the safety and well-being of visitors to the beach through education, developing and building community partnerships, and obtaining resources to directly support the San Clemente Marine Safety Division's Lifeguard and Junior Lifeguard programs. The Foundation also supports preservation of the history and memorabilia of San Clemente Lifeguarding.

Click [here](#) to become a *SCLJG Foundation Member*.

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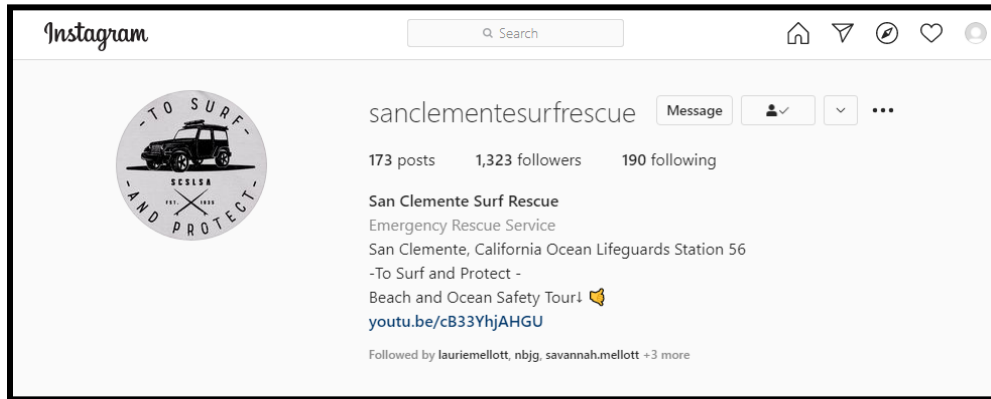
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