Mermaid Week Be Ocean Minded

Organize a beach clean up!

Grab your family and spend some time cleaning up your favorite beach. Bring trash bags and gloves to safely remove garbage off the sand. And always remember not to litter! Trash left on the ground gets washed out to sea.

Conserve water and energy!

Keep the water off when you brush your teeth or soaping up your hands. Take shorter showers and fix leaky faucets! Turn off appliances and lights when not in use and switch to energy efficient appliances.

Switch to reusable!

Use reusable water bottles, straws, grocery bags and lunch bags to cut down on plastic that can end up in our ocean. And don't forget to recycle what you do throw out!

Eat sustainable seafood!

Mermaids LOVE fish, but make sure the fish you eat is good for the ocean too! Download the Seafood Watch pamphlet to make sure you shop seafood that is sustainable.

Buy ocean friendly products!

Use reef safe sunscreen when at the beach and avoid buying products made from sea creatures.

Be an ocean ambassador!

Tell your friends and family ways that they can help, a mermaid's job is to protect the oce<mark>an and</mark> everything in it!



Beaches Parks and Recreation Division

San Clemente Community Center - 100 N Calle Seville - (949)361-8264
San Clemente Aquatic Center - 987 Avenida Vista Hermosa - (949)429 -8797
Ole Hanson Beach Club - 105 Avenida Pico - (949)431-2959
www.san-clemente.org/recreation