Theme Week: Camping

T-shirt Friendship Bracelet

Materials:

Old t-shirt(s)
Scissors
Needle & Thread
Ruler
Tape



Step 1:

Place the t-shirt flat on a tabletop. Cut off the bottom hem of the t-shirt and discard.

Cut a 1" wide strip from the bottom of the shirt then cut off the side seams.

You will need 3 strips of materal for the project.

Sten 2:

Grab both ends of one strip of fabric and stretch so the long edges curl in together. Repeat with all strips.

Step 3:

Stack the ends of the 3 pieces of fabric on top of each other.

Using the needle and thread, sew the ends together.

Step 4:

Tape the stitched end of the fabric down.

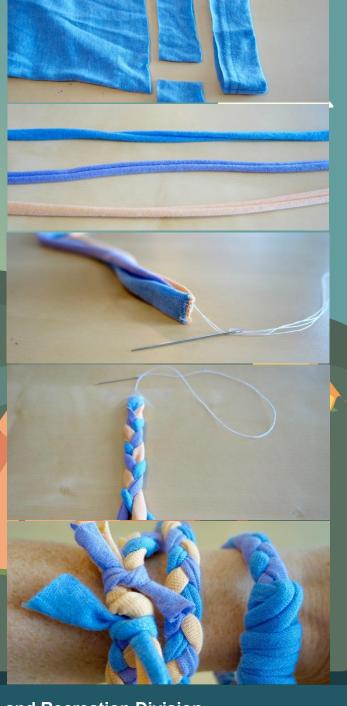
Braid the 3 fabric strips together.

Sten 5:

Measure your wrist, cut off excess, and sew both ends together (or tie ends together).

Step 6:

Personalize with beads, different colors, or multiple strips!





Beaches Parks and Recreation Division
San Clemente Aquatic Center - 987 Avenida Vista Hermosa - (949)429 -8797
Ole Hanson Beach Club - 105 Avenida Pico - (949)431-2959
www.san-clemente.org/recreation