

## WELLNESS activity log

Submit a minimum of 720 activity minutes per month to qualify for Wellness Program rewards.

Name: Month:

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	Date	Activity	Minutes
Total Minutes:	1		
Total	2		
	3		
	4		
	5		
<b>V</b>	6		
ZMZ	7		
Good Job!	8		
Good	9		
May Vari	10		
Yay!	11		
Way to Go!	12		
	13		
Keeb It Up!	14		
veep It or	15		
	16		
> ~	17		
Hurray!	18		
	19		
You Are Awesome!	20		
ZAAS YOU'S			
	22		
Great!	23		
51.5	24		
	25		
	26		
You Did It!	27		
	28		
0.5	29		
Or E-mail to recreation	30		
@san-clemente.org	31		