

**MINUTES OF THE REGULAR STUDY SESSION
OF THE CITY OF SAN CLEMENTE
PLANNING COMMISSION
August 6, 2014 @ 6:00 p.m.
City Council Chambers
100 Avenida Presidio
San Clemente, CA 92672**

CALL TO ORDER

Chair Darden called the Regular Study Session of the Planning Commission of the City of San Clemente to order at 6:00 p.m. in City Council Chambers, located at 100 Avenida Presidio, San Clemente, CA 92672.

ROLL CALL

Commissioners Present: Wayne Eggleston, Barton Crandell, Michael Smith, and Kathleen Ward; Chair pro tem Jim Ruehlin and Chairperson Julia Darden

Commissioners Absent: Vice Chairperson Donald Brown

Staff Present: Jim Pechous, City Planner
Denise Obrero, Housing Programs Planner
Eileen White, Recording Secretary

AGENDA

A. Orange County Health Care Agency Special Presentation: Nexus Between Health and Planning (Amy Buch)

The Orange County Health Care Agency's FIT Cities Initiative aims to promote community health through built environment improvements that facilitate healthy behaviors. This presentation will address the nexus between health and planning. Opportunities for collaboration and connection to other healthy communities' initiatives will be discussed. Health data for San Clemente will also be presented.

Amy Buch, Division Manager of the Health Promotion Division, narrated a PowerPoint Presentation entitled, "The Nexus Between Health and Planning, San Clemente Planning Commission, Dated August 6, 2014." Information presented included the history of public health and urban planning, listing of leading causes of death from 1900 to 2010, and Orange County health rankings and roadmaps. Also included were graphs indicating results from a Gallop Well Being Index Poll which showed

perceived health rankings by California Congressional Districts, as well as results of the 2013 Orange County Health Profile, which looks at trends and disparities, including access to healthy food, links between health and violent crime, and adolescent drug, alcohol, and smoking rates by cities. Additionally, she displayed results of a case study looking at the effects and costs of obesity. She provided listing of available FIT Cities Initiative Training and technical assistance available to cities, and discussed the benefits to participating jurisdictions.


The Commissioners thanked Ms. Buch for her informative presentation, commenting that her availability, revealing statistics, and valuable information are indispensable resources for the City.

Report received and filed.

COMMISSION COMMENT:

RECESS - Recess until 7:00 p.m.

Respectfully submitted,



Julia Darden, Chair

Attest:



Jim Pechous, City Planner