

Seaside Sounds

SOUTH COUNTY SENIOR SERVICES, INC.

On-Going Senior Support Services: Call 949-498-3322 for appointments.

Health Insurance Counseling and Advocacy Program (HICAP): 2nd Tuesday by appointment.

Financial Planning /Investment Counseling – appointments on call.

Legal Aid – 3rd Tuesday by appointment.

Family Law & Wills: 1st Wednesday by appointment.

Preventive Health Care for Adults – 4th Thursday by appointment.

JULY 2009

SPECIAL SERVICES

Tuesday, 7/7 9:45 – 11:00 AM

Senior Advocacy Program

Meet representatives from MemorialCare Plus Senior Program at Saddleback Memorial Medical Center – no appointments are needed.

Monday, 8/10 9:30 AM – 2:00 PM

Tuesday, 8/11 9:30 AM – 2:00 PM

"55 Alive" Driver Safety Program

Please call 498-3322 for reservations.

Prepayment is required.

Thursday, 9/24 5:00 – 7:00 PM

"Dana Pride" Cruise

Sponsored by Dana Wharf Sportfishing. Lite supper donated by Langlois Fancy Frozen Foods. Entertainment and no-host cash bar. Proceeds benefit the San Clemente Seaside Senior Center's programs. Tickets available at the center. Cost: \$25 per person.

Thursday, 7/23 10:30 – 11:30 AM

Chat with Pat

New to the area? Looking for a doctor who specializes in senior issues? Need information on health insurance resources? Chat with Pat Huckaby, Senior Ambassador at Monarch HealthCare. A health insurance specialist will be present to answer your questions. This is not a sales meeting. Appointments are not required.



Monarch HealthCare®
A MEDICAL GROUP, INC.

SOUTH COUNTY SENIOR SERVICES

CLASSES

Wednesday, 7/8 9:00 – 10:00 AM

Chair Dancing (Summer Session until 8/19)

Come join us for aerobic "Chair Dancing" exercises. Wear loose, comfortable clothes and sturdy shoes. Everyone will choose their level of speed throughout the session! Bring a friend! It's fun and healthy to "Chair Dance". Facilitated by Mission Hospital. No charge.

Tuesday, 7/28 10:00 – 11:30 AM

Nance Bear's Card Class

Learn how to make simple and useful greeting cards from "start to finish" – all supplies will be provided. Class size limited to 15 people. RSVP to the center at 498-3322.

LUNCH EVENTS: NOON

Thursday, 7/2

"Fourth of July" Party

Entertainment by Bob and Julia Pruitt.

Friday, 7/10

"TGIF" Party

Entertainment by Eddie Greeley.

Wednesday, 7/15

"CIA" (Cellos in Action)

Karen Deaner and students will entertain.

Friday, 7/17

"TGIF" Party and **DESSERT PARTY**

Entertainment by Global Affair.

SYNERGY HomeCare will treat all to desserts.

Friday, 7/24

Birthday Celebration

Entertainment by John Cowan sponsored by

Aileen and Paul Brazeau, Co-Owners of San Clemente Villas By The Sea.

Cakes provided by Church Women United.

Friday, 7/24

"TGIF" Party

Entertainment by Harold's Southcoast Dixie Jazz Band.