

Greetings Active Adventurers!

Thank you for joining us for the Active Adventures Day Camp! We are excited that you will be embarking on this unique San Clemente adventure to discover the many treasures at the Vista Hermosa Sports Park, San Clemente Aquatics Center, and beyond. Come ready to play and have fun!

This year, Active Adventures offers an action-packed schedule of outdoor games, sports, creative arts, recreation swim, and many other exciting activities! Weekly themed events will keep your child busy learning and experiencing new things, while making new friends and building lifelong memories. Plus, each Wednesday, your camper will spend the day on a fascinating new fieldtrip to explore new sights all over Southern California.

2016 Schedule of Weekly Themes and Fieldtrips

CDDWG COAC		
SPRING 2016		
Apr 4 -Apr 8	Everything is Awesome	LEGOLAND
SUMMER 2016		
Jun 13-Jun 17	Makin' A Splash	Sail Rides & Kayak with Westwind Sailing
Jun 20-Jun 24	Going Wild	San Diego Wild Animal Safari Park
Jun 27-Jul 1	Art-rageous	theNAT - San Diego Natural History Museum
Jul 5-Jul 8	EcoAdventurers	Doheny State Beach, Junior Ranger Program
Jul 11-Jul 15	Anchors Away	USS Midway Museum
Jul 18-Jul 22	Ocean Wonders	Dana Wharf Whale Watching
Jul 25-Jul 29	Beach Life	Salt Creek
Aug 1-Aug 5	Summer Olympic Games	Padres Game vs. Brewers
Aug 8-Aug 12	Coastal Craze	Crystal Cove State Beach

New this year! Campers will receive a rash guard that must be worn every day during recreation swim (applies to Full-Day and Half-Day PM campers only). The rash guard is a safety measure to help identify the Active Adventure camp participants in the pool and for additional sun protection. There is a **one-time materials fee** due the first day of camp, to be paid at the front desk of the San Clemente Aquatic Center, for one rash guard. Upon paying this, please bring your receipt to the camp check-in table to pick-up a rash guard. Rash guards will be kept at camp all week until Friday, at which time participants may bring them home. Campers will also receive a camp T-shirt that must be worn on the Wednesdays for the fieldtrip. In an effort to reduce waste, campers will also receive their own reusable water bottle for camp. Water bottles will be kept at camp until Friday, at which time participants may bring them home.

Camp Location & Registration

- Camp is in the grass space next to the San Clemente Aquatics Center (behind the football field).
- Registration for camp must be done through the front desk or online ahead of time.
- All campers are dropped off and picked up from this area. **NOTE:** A parent or guardian is required to sign in/out each child. Please see attached policies for more information regarding drop off/pick up.

Camp Times & Scheduling:

Full time hours are 8:00am to 5:00pm. The full day will include a field trip on Wednesday, recreation swim every day, and all other camp activities.

- ➤ Half day morning hours are 8:00am to 12:30pm, and does not include recreational swim. The fieldtrip is included in the camp fees for half day campers.
- ➤ Half day afternoon hours are 12:30pm to 5:00pm. On Wednesday, please arrive to camp at 8:00am in order to attend the fieldtrip. The fieldtrip is included in the camp fees for all half day campers. There will be no staff supervision available to stay behind. Please do not bring a lunch, except on Wednesdays for fieldtrip days.

NOTE: Please pick-up your child according to your registration or additional fees may apply.

What's included in Active Adventures:

- 1. Camp T-shirt
- 2. Rash guard (covered by one-time material fee)
- 3. (2) healthy snacks per day
- 4. Field trip on Wednesday with transportation
- 5. Recreation swim (full-day & PM half-day campers only)
- 6. Sports, games, arts & crafts

Please Bring:

- 1. Backpack or bag filled with the following (LABEL W/ NAME):
 - a. Sunblock
 - b. Bathing Suit f. Goggles for swimming
 - c. Toweld. Change of clothinge. An extra snack for the afternoonh. Sandals (for recreation swim)
- 2. Lunch & Water (LABEL W/ NAME)
 - a. *Healthy Lunch Challenge!* As a Healthy Eating, Active Living (HEAL) city, the City of San Clemente is committed to promoting healthy lifestyle choices and this runs true through all of our summer camps. Please review the attached handout for more information regarding this exciting challenge for our campers.

e. Hat/visor

- b. All food must be ready to eat and not require refrigeration or microwaving.
- c. Half day AFTERNOON campers do not need to bring a lunch, except on Wednesday for fieldtrip days.

Please Do Not Bring:

- Personal items of value (such as iPads, electronic devices, favorite toys, etc.) that may be lost, stolen, or broken.
- Pool toys (inflatables, noodles, etc.)

Information regarding Recreation Swim:

- Swimming will be held Monday-Friday, 1-3pm.
- > Campers will be given a general swim test by a City Water Safety Instructor on the first day of camp to ensure that all of our campers are water safe.
- During recreation swim, campers <u>must wear the camp rash guard</u> and abide by all <u>pool rules</u>.
- Campers can swim in the 25 yard pool, play on the play structure, and diving boards.

Please be sure, we have your correct email address, as any correspondence will be through email. The emergency form, found as an additional link, must be completed and turned in on the first day of camp. To ensure that every camper has a positive camp experience, please review the camp policies, included below, with your child prior to the first day. If you have any questions, please contact Alexis Honens, camp specialist at (949) 429-8764 or the San Clemente Aquatics Center at (949) 429-8797.

Thank you for the opportunity to work with your young adventurer!

Sincerely,

The Active Adventures Camp Team



ACTIVE ADVENTURES CAMP POLICIES & GUIDELINES

CAMP PHILOSOPHY

The Active Adventures Camp is committed to a simple yet comprehensive philosophy focused on your camper's wellbeing: be safe, build positive relationships and have fun. This philosophy is the basis in which our camp operates, counselors are trained and activities are developed.

DRESS CODE

Campers should wear comfortable clothes that will allow them free range of motion to participate in recreational and athletic activities with closed toe shoes. Clothes may get soiled with dirt, grass, paint, glue, etc. Sandals and flip-flops are only allowed on the pool deck during water play.

LUNCH/SNACK

Snack will be provided twice daily. Please bring a healthy lunch and drink that does not require refrigeration/heating. Note, this is an "active" camp that includes constant activity all day. We have found campers get hungry often, therefore we ask that parents pack additional snacks for consumption throughout the day. If your child is allergic to certain foods, please advise a staff person at check-in on the first day of camp.

SIGN IN/OUT

Parents must sign in their child in and out on the official sign in sheet. Only those individuals listed on the emergency form are authorized to pick up your child from the program. If this information changes, a letter provided by a parent is required.

COMMUNICATION

If you are unable to reach your child by cell phone, we can coordinate communication through the San Clemente Aquatics Center. If you need to contact your camper or a staff member please call (949) 429-8797

NO PERSONAL ITEMS/ELECTRONIC DEVICES

Campers are <u>not</u> permitted to bring any personal items from home. Bringing these items often increases the likelihood of them getting lost, stolen or damaged. In addition, campers shall not borrow, lend or trade items while at camp. Cell phones are permitted at camp, but campers will refrain from using the cell phone except in a case of an emergency or during breaks such as snack and lunch.

BEHAVIOR MANAGEMENT

All behavior problems will be addressed by the camp specialist or supervisor. Campers will be presented with the Camp Rules on the first day of camp. The following procedures will be used for **severe** behavior problems:

- 1st Warning: Verbal warning to camp participant with verbal notice to parent. Participant will sit out of the activity.
- 2nd Warning: Suspension from program for the remainder of the day
- 3rd Warning: Suspension for the remainder of the camp session
- 4th Warning: Complete suspension from Active Adventures program for the summer

Please note, certain behaviors will not be tolerated and children will be sent home, regardless of the above listed action plan. This is rare and will be taken as a last resort. Staff members are trained in dealing with conflict resolution and offer positive alternatives and solutions before issuing a written discipline notice.

LOST ITEMS

The City is not responsible for personal items that may have been lost, stolen or missing during the program.

FIELD TRIP PROCEDURES

The field trip fee is included in the complete camp costs and it is assumed that all campers will be attending. The transportation to and from the field trip site will be a school bus. All participants should arrive to camp by 8:30am to ensure that they get on the bus before it departs promptly at 9:00am. Should you arrive late on this day, there will be no staff members left behind to provide supervision, therefore your child will be unable to attend camp that day. There are no exceptions.

Campers should arrive back to the San Clemente Aquatics Center no later than 3:00pm (depending on the scheduled field trip). If the field trip goes beyond the regular lunchtime, all lunches will be brought on the bus and eaten at the field trip site. Campers MUST wear their Active Adventures camp shirt on all field trip days.